



A DAY IN ST. LOUIS

As you spend time in St. Louis, discover meaningful places, beloved landmarks and welcoming local establishments that can enrich your visit and complement your time here.

DAY 1

Shrine of St. Joseph

A historic church known for its intricate architecture and long-standing devotional traditions, the Shrine of St. Joseph offers guided tours, exploring the church's rich history and ornate interior. *For the Beatification Mass, the relic of Saint Padre Pio will be available for veneration.*

Cathedral Basilica of Saint Louis

A landmark of Romanesque and Byzantine architecture, the Cathedral Basilica of Saint Louis houses one of the world's largest collections of mosaics. Visitors can explore the grand interior, admire the craftsmanship and learn about the history of this celebrated St. Louis treasure.

LUNCH SUGGESTION

The Central West End offers a wide variety of dining options set among tree lined streets, historic architecture and inviting patios. Visitors can choose from casual cafés, modern bistros and classic restaurants in one of St. Louis' most dynamic and charming neighborhoods.

The Museum of Contemporary Religious Art

Located on the Saint Louis University campus, the Museum of Contemporary Religious Art showcases thought-provoking works from artists of many faith backgrounds. Exhibits highlight themes of spirituality, culture and human experience, offering visitors a unique look at religious expression through modern art.

St. Louis Union Station

The reimagined Union Station complex boasts an observation wheel, ropes course, miniature golf course, selfie experience, mirror maze and new amusement-park-style rides. It is also home to the St. Louis Aquarium where more than 13,000 animals live along the tracks of the 19th-century station. In the breathtaking Grand Hall, you can also watch a 3D light show every day on the hour from 5-10pm.

DINNER SUGGESTION

Choose from an array of dining options at *St. Louis Union Station*, where menus range from classic American comfort dishes to upscale modern cuisine and fresh seafood specialties.

DAY 2

The Old Cathedral

Situated on the Gateway Arch park grounds, the Old Cathedral is one of the earliest churches in the region. Its simple, historic interior and well-preserved artifacts offer visitors a glimpse into the early Catholic heritage of St. Louis.

Gateway Arch

Standing at 630 feet tall, the Gateway Arch is the centerpiece of the riverfront and defining symbol of St. Louis. Guests can visit the museum beneath the Arch or take the tram to the top for sweeping views of downtown, the Mississippi River and surrounding landmarks.



LUNCH SUGGESTIONS

Located next to Busch Stadium, **Ballpark Village** is a vibrant gathering place featuring multiple dining options. Visitors can enjoy casual fare, sports-themed restaurants and convenient access to downtown attractions.

Beatification Mass

Join fellow guests for the Beatification Mass celebrating Venerable Archbishop Fulton J. Sheen. This significant event honors his life, ministry and contributions to modern Catholic media and evangelization.

Sheen Expo

After the Mass, explore the Sheen Expo, where exhibits and presentations highlight Archbishop Sheen's teachings, legacy and impact. Displays and activities offer an engaging way to learn more about his work.

DINNER SUGGESTION

End the day on **The Hill**, St. Louis' historic Italian neighborhood known for its long established restaurants, bakeries and family owned eateries. Its welcoming atmosphere and classic dishes make it a popular dinner destination.

DAY 3

Black Madonna Shrine & Grottos

Tucked away in the hills of Pacific, the Black Madonna Shrine and Grottos features hand built stone structures, wooded walking paths and unique devotional art created by Franciscan missionaries. Visitors can explore the outdoor grottos, admire the craftsmanship and enjoy the peaceful surroundings.

Forest Park

One of the nation's premier urban parks, Forest Park spans over 1,300 acres of scenic landscapes, lakes and walkways. Whether enjoying a leisurely stroll or taking in the views, the park offers an inviting blend of nature and open space right in the heart of the city. Visitors will also find five of the region's major cultural institutions: the **Missouri History Museum**, **The Muny**, **Saint Louis Art Museum**, **Saint Louis Science Center** and **Saint Louis Zoo**.

LUNCH SUGGESTIONS

The Delmar Loop is a vibrant, walkable district lined with an eclectic mix of restaurants and cafés. Guests can choose from a variety of cuisines, browse local shops and enjoy the lively atmosphere that has made the area a longtime favorite for both locals and visitors.

Missouri Botanical Garden

Founded in 1859, the Missouri Botanical Garden is one of the country's oldest and most acclaimed botanical institutions. Its

expansive grounds include themed gardens, serene water features and a world-class Japanese Garden. The garden offers a relaxing place to wander, appreciate the landscaping and enjoy time outdoors.

National Shrine of Our Lady of the Snows

Located just across the river in Belleville, Illinois, the National Shrine of Our Lady of the Snows is one of the largest outdoor shrines in the United States. The spacious grounds feature devotional areas, walking paths and beautifully maintained gardens that encourage quiet exploration and reflection.

DINNER SUGGESTION

Maplewood offers a diverse selection of restaurants, ranging from relaxed neighborhood cafés to inventive chef-driven concepts. Its walkable streets, local shops and welcoming atmosphere make it a popular dining destination just west of the city.

ADDITIONAL OPTIONS

City Museum

City Museum has taken the idea of recycling to dizzying heights. Housed in a 10-story, 600,000-square-foot former shoe company warehouse, the museum is the brainchild of local artists who used repurposed architectural and industrial objects to create ever-changing exhibits. In this truly immersive experience, you can climb into a bow whale's mouth, walk through enchanted caves, drive a school bus off the roof, join the circus and more.

Grant's Farm

The tram ride through Deer Park is a highlight at Grant's Farm. You might glimpse a herd of North American bison in the distance or have an up-close encounter with a water buffalo. In addition to more than 900 animals, Grant's Farm boasts storied architecture, from Ulysses S. Grant's humble log cabin to the Busch Family Estate to the German-style stables and Bauernhof, where guests over 21 are invited to grab two free beers. You can then meet the famous Clydesdales, feed the goats and enjoy the grounds of the 273-acre historic farm.

National Museum of Transportation

The National Museum of Transportation is dedicated to life in the fast lane. In addition to a unit of the Coral Court Motel – a popular landmark along historic Route 66 – the expansive attraction features more than 300 moving vehicles, including planes, trains and automobiles.



Grant's Farm



The Hill Neighborhood

National Shrine of Our Lady of the Snows



Missouri Botanical Garden



City Museum



Ballpark Village



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